

THE PINNACLE POST

Attendance: 602.449.4001

Nurse: 602.449.4003

Counseling: 602.449.4015

Registrar: 602.449.4012

Transportation: 602.449.2251

Athletics: 602.449.4023

★ PINNACLE HIGH SCHOOL 2022 HOMECOMING ROYALTY ARE...

POINTS OF PRIDE

HOMECOMING SENOR ROYALTY



Coleson Arends & Sienna Spayd



Justin Allen & Emma Rueber



Kaden Paulson & Fatima Al-Saffar



Mason Lisk & Grace Saigh

HOMECOMING ROYALTY COURT



Aaron Fink & Ava Hoelzen



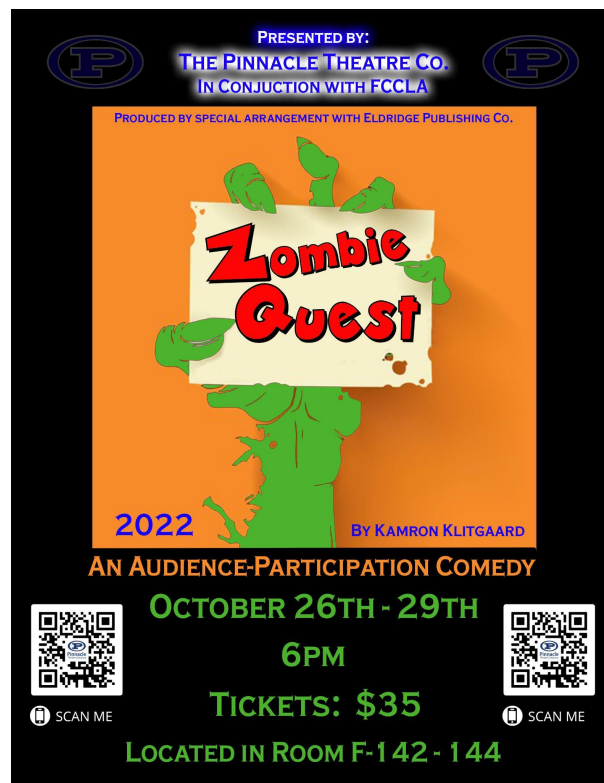
Michael Bird & Alexis Shaw



Brayden Fricke & Arianna Harper

SCHOOL NEWS

- ★ **ZOMBIE QUEST DINNER THEATRE** It is spooky season so Pinnacle Theatre Company and FCCLA would like you to celebrate with us by seeing *Zombie Quest*. The show runs Oct. 26-29, 2022 at 6pm in the culinary rooms (F142/144). There are only 70 seats per show. Tickets are \$35 and the attached poster has a QR code that will redirect you to [Go Fan](#).



- ★ **THIRD PARTY FOOD DELIVERIES** For the safety and security of the school we would like to remind everyone Pinnacle High School can only accept food deliveries from a parent or guardian. Third party food delivery services like UberEats, Postmates, etc. cannot deliver food to students while in school. If food is delivered we cannot allow the student to have the delivery until after school. Unclaimed food is thrown out at the end of each day.
- ★ **ATTENDANCE** Regular attendance is the key to student success. Students should remain out of school only when absolutely necessary, such as in the event of an illness. Students

must be fever-free without medication for 24 hours before returning to school. Pinnacle High School Attendance Line: (602) 449-4001

- ★ **SCHOOL LUNCH FOR THE 22/23 SCHOOL YEAR** The Nutrition & Wellness Department has returned to charging students for their meals based on their free, reduced, and paid meal application status during the 2022-2023 SY. The 2022-2023 Free & Reduced Meal Application will be available starting **Monday, July 11, 2022** for parents to complete. Online meal applications can be completed at EZMealApp.com; this paperless option is encouraged because online applications can be processed within 24 hours of their submission. Paper meal applications will be available in school front offices or can be printed from the Nutrition & Wellness website to be submitted to the department. All families are encouraged to apply because meal applications can be used for additional benefits aside from meals, such as:

- Funding for student programs and services
- Reduced registration fees for AP, SAT, and/or ACT tests
- Free or discounted fees to participate in most sports
- Discounted rates on fees associated with applying for college
- Eligibility for discounted rates on internet services

It is extremely important for families to complete and submit the 22-23 SY meal application in order to avoid potential negative account balance charges.

- ★ **GOOD NEIGHBOR POLICY** Pinnacle would like to remind all stakeholders that we practice a “good neighbor policy”. We ask that everyone be mindful of where you can and cannot park in the surrounding neighborhoods. Parking in these areas during the day, or during drop-off and pick up can cause a safety concern if too many cars are parked or moving in areas that have high foot traffic.
- ★ **NO PARKING ZONE** The City of Phoenix has made a request that no students are to park in the city dog park or skatepark South of the School. Per the City of Phoenix Park Manager, vehicles will now be towed at the owner's expense.
- ★ **DROP OFF & U-TURNS** PHS has received a number of calls from concerned parents about dropping off students in the desert North of PHS with the students then jaywalking in traffic to school. Also we have noticed more u-turns on Mayo Blvd. Please do not drop off in the desert or u-turn on Mayo Blvd. In addition please do not drop off or pick up students along Black Mountain Blvd.
- ★ **SCHOOL SAFETY** To ensure parents are aware of emergency preparedness information The PV district has set up a website on school and district safety. [School Safety - Paradise Valley Unified School District](#)
- ★ **THE 2023 YEARBOOK** is available for pre-order at www.lostensyearbooks.com. The current price is \$85 and will increase to \$95 on January 1st.
- ★ **CLEAN THE CLUTTER** Start cleaning out those closets and gathering your items for our Pinnacle Goodwill Clean the Clutter Donation Drive. We will be holding this fundraising drive on Saturday, 11/5/22 from 9:00am - 3:00pm.

We will be looking for a couple of volunteers for this event. Please use [Sign Up Genius](#) to volunteer!

- ★ **POP FAMILY NIGHT OUT AT CHIPOTLE** Parents of Pinnacle will be hosting a night out at the Desert Ridge Chipotle on November 11th, 2022 from 5pm - 9pm. Please plan on spending the evening supporting POP at the Desert Ridge Location.

- * You can make it count!
- * Show the cashier a digital flyer prior to paying.
- * Show the cashier a paper flyer prior to paying.

Order online and pick up Chipotle for your fundraiser by using Promo Code D9ZWH29 on the Chipotle app or website.

SENIORS

- ★ **SENIOR RECOGNITION ADS** Purchase your ad at www.jostensyearbooks.com. We are pleased to offer a new reduced price! The deadline will be February 1st, ad sizes and prices are as follows:

- Full page: \$325
- Half page: \$215
- 1/4 page: \$125
- 1/8 page: \$75

- ★ **SENIOR PORTRAITS** Seniors, it's time to get your senior pictures taken for the yearbook. You must contact Grads Photography to schedule an appointment for individual senior portraits. This will serve as your yearbook photo and seniors must have this done through Grads Photography if they want to be in this year's yearbook. The deadline for this was **October 8th, 2022**; if you still have not made your appointment, please contact them directly. <https://gradsphotography.com/>

Grads Photography
623-566-1082
20100 N. 51st Ave.
Glendale, AZ 85308

ATHLETICS

- ★ **FALL SPORTS UPDATE** The Arizona Interscholastic Association approved a Fall 2022 interscholastic athletics calendar. Below is a list of the tiered roll out of Fall sports. If you have questions regarding participation in a particular sport, please visit the [PHS Athletic website](#).

- ★ **Students MUST have their physical school ID to enter sporting events!**
 - **Badminton**
 - 10/24 Playoffs Begin

- **Cross Country**
 - 10/21 PVUSD Invitation @ Serrano Park
- **Football** (Live Stream: [Pinnacle Football Broadcast Channel](#))
 - 10/26 Fr/So vs Highland
 - 10/26 Junior Varsity @ Highland
 - 10/27 Varsity vs Highland
- **Golf**
 - 10/24 Girl's State Tournament @ Tucson National Golf Course
 - 10/26 Boy's State Tournament @ Tucson National Golf Course
- **Swim & Dive**
 - 10/28 PVUSD Invitational @ Paradise Valley Pool
- **Volleyball**
 - 10/26 vs Liberty

- ★ **REGISTER MY ATHLETE** Pinnacle High School is now utilizing an online registration tool for athlete registration. Student athletes need to register on the "[Register My Athlete](#)" (aktivate) website.
- ★ **WINTER SPORTS** Tryouts begin on Monday, October 31st for Basketball, Soccer, & Wrestling. Have RMA completed & look at our [Athletics page](#) for more information.
- ★ **PHS FALL SHOWCASE** Be sure to attend on Tuesday, November 15th from 6-7:30pm (Main Gym), if you're interested in Pioneer Athletics, Clubs, and/or Sports Medicine. Our Human Kinetics program will also be present to answer any questions you may have for the upcoming year.

STUDENT HEALTH

- ★ **MEDICATION AND EMERGENCY CARDS** *Reminder* [Update your emergency card information electronically](#) as soon as possible so that we may continue to communicate successfully throughout the year.
- ★ **DRUG-FREE CAMPUS.** Pinnacle High School is a **DRUG-FREE CAMPUS**. All prescription and nonprescription/over-the-counter meds must be kept in the nurse's office stored in their original container.
- ★ To better familiarize yourself with the dangers associated with underage "vaping," please read "[5 Things to Know About Teens Using E-Cigarettes for Marijuana](#)" from *Your Teen for Parents*.
- ★ **HEALTH OFFICE PICK UP** When your student is calling to be picked up from school, please advise them to proceed to the Health Office for assessment to determine if going home appears appropriate for them. The nurse will always call if there is any question in terms of going home. By following this policy a more consistent procedure is developed for the rest of their school years at Pinnacle. Please remember to pick up the Medical Administration Waivers in the Health Office so that we can provide Tylenol, Ibuprofen, Tums, or other approved meds to your students to keep them in school as much as possible.

Your student can pick them up in our office to bring home and return. Please, if you have medical concerns or questions regarding our procedures, call Mr. Morales at 602-449-4003.

- ★ **OVER THE COUNTER OR PRESCRIBED MEDICATIONS** As a reminder students are not allowed to carry any over the counter or prescribed medications on campus. They are to be given to the Health Office with a signed permission form. Your student is subject to possible suspension if caught. This is for the safety of all our students. Thanks for your understanding.

SOCIAL & EMOTIONAL HEALTH

Taking Care of our Children's Wellbeing

Parents spend an average of 37 hours a week worrying about their children. No doubt these worries come from the best of intentions. But in fact, teaching them that the world is dangerous is bad for their health, happiness, and success.

If I believe that the world is dangerous, it will affect the way I see many other parts of my life, relationships, and work. I will be more suspicious of other people's motives, for example, and less likely to do things that might put me or my loved ones in harm's way, such as going out at night.

As much as we hope the dangerous-world belief will help our kids, the evidence indicates that it does exactly the opposite. you likely suffer a lot more when you are always looking for danger and avoiding risk.

Kids with this outlook are more often sad, more likely to be depressed, and less satisfied with their lives. They also tend to dislike their jobs and perform worse than their more positive counterparts. Teaching your kids that the world is dangerous can also make them less tolerant of others. Additionally, a general state of fear can actually make a person less likely to take threats seriously and undermine precautionary behavior.

To break this pattern, parents—and anyone who interacts with children—should instead work to cultivate a sense of safety. Here are three rules to help you get started.

Heal thyself

Many parents pass on their anxiety to their children.

Being a kid in America has never been safer. Since 1935, the number of childhood deaths between the ages of 1 and 4 fell from 450 to 30 per 100,000. It has fallen by nearly half just since 1990, and the decreases in other age groups are similarly impressive.

Be specific and proportional

Social conflict is unavoidable, and making them fear it as an existential threat renders them less resilient.

Counteract negativity

Be specific about the kind behaviors we witness every day, and ways that the world is safer than in the past.

In the words of the Chinese philosopher Lao Tzu. "Through Love, one has no fear," If you want to give your children a rule to live by, this one is a much safer bet. -Arthur C. Brooks

We all need to support each other.
Want to be part of our growing SEL team?
Please email me at taller@pvlearners.net
Tracy Aller, MA.
SEL Specialist



STUDENT RESOURCES

- ★ **COUNSELORS** Counselors guide and advise students with academic courses, plans, and goals. They will periodically meet with students throughout the year to ensure they are on the path to graduation. For more information about counseling services, please see the [Counseling Website](#), also found in the Quick Links section on the first page of this newsletter. Counselors are assigned by the student's last name.

| Last Name Assignment | Counselor Name | Email |
|----------------------|-------------------|--|
| A, D, J, R | Brett Paige | bp Paige@pvschools.net |
| B & C | Cindy Willittes | cwillittes@pvschools.net |
| E, G, F, G,I, O | Jonah Starr | jistarr@pvschools.net |
| H, K, P, Q | Joel Newbury | jnewbury@pvschools.net |
| L, M, N | Antonella Feyerer | afeyerer@pvschools.net |
| S, T, U | Chrissy King | cking@pvschools.net |
| V, W, X, Y, Z | Susie Allazetta | sallazetta@pvschools.net |
| Social/Emotional | Tracy Aller | taller@pvschools.net |

★ **THE COUNSELING NEWSLETTER** For information on academic counseling check out. [PHS Counseling Newsletter!](#)

★ **SPECIFIC INFORMATION FOR PARENT(S)/GUARDIAN(S)** Please watch your email for information from the PHS Counseling Department regarding ECAPS (Education and Career Action Plans).

Please visit our [Counseling Website](#) for **free practice tests** and the student guide.

★ **ADVANCED PLACEMENT (AP) EXAMS**

Dear Parents of AP Students:

PVUSD aims to make the Advanced Placement (AP) exams as accessible as possible for all students who wish to attend college. Therefore, our district has elected to utilize program funding through the College Credit by Examination Incentive Program and through a Title-IV A grant to reduce the costs of all AP tests this year.

- The cost of the exam will be **\$62.00 per exam**.
 - A **\$35 savings** due to PVSchools using College Credit by Examination funding to support the reduction of test fees
- The cost of the **AP Capstone Seminar and AP Capstone Research** will be **\$110.00**
- The cost of the exam for students on **Free/Reduced lunch** will be **\$0 per exam**.
 - To apply for Free/Reduced Lunch, visit [ezmealapp.com](#). Call (602) 449-2274 to ask for status or a copy of the already approved letter.
- The registration window for all AP students is **September 27th - November 1st**.
 - The deadline to register for the AP Exam is November 1st, 2022.
 - All Exams ordered after November 1st will be assessed a \$40 late fee.
 - A canceled exam after November 1st, 2022 will incur a \$40 deduction from the student's reimbursement. (*see tax credit)

REGISTRATION STEPS:

- **STEP ONE:** Join your **MyAP College Board** classroom with the Join Code your AP teacher gave you. If already completed, **move to Step Two**.
- **STEP TWO:** Continue your AP Registration by going onto **Total Registration** www.TotalRegistration.net/AP/030377.
- **STEP THREE: Payment** - After the **Total Registration** process is completed, exam fees must be paid. Options for payment:
 - Tax Credit
 - Non Tax Credit.

Deadline for payment in full - November 1st, 2022

Exam fees must be paid in full at the Pinnacle bookstore or through the school's website.

(See reverse side for more information)

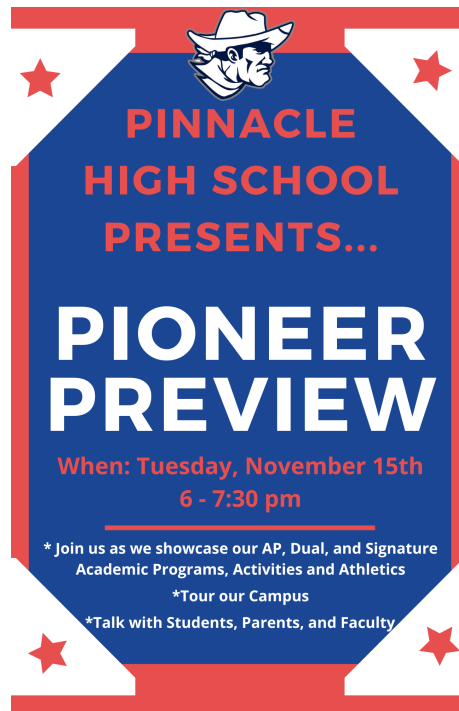
*There are two options when paying test fees, payment by Tax Credit and payment by Non-Tax Credit.

AP Testing Tax Credit - You can pay AP testing fees as a Tax Credit. AP Testing Fees paid by **Tax Credits are NON REFUNDABLE**. Please be sure you have completed your AP Test registration on the College Board **before** paying for your tests. Please be sure to print your receipt (if paying on the Webstore) for your Taxes. *Please note: If you pay AP testing as Tax Credit you will forfeit any possibility for a refund due to a circumstance such as a canceled exam.

AP Testing NON Tax Credit - AP Testing fees can be paid as a NON-Tax Credit fee. Please be sure to complete your AP Test registration on the College Board **before** paying for AP Tests. **Canceled tests will be subject to a College Board assessed fee of \$40.**

If you need additional assistance or have questions about the AP Exam, please contact Cindy Willittes in the counseling office at Pinnacle High School.

- ★ **PINNACLE'S PARENT/TEACHER CONFERENCES** will be held on October 25th 2022 from 6:00 to 7:30 pm. This will be your chance to speak to your students' teachers on their academic success.
- ★ **PINNACLE HIGH SCHOOL FALL SHOWCASE** This year, we are hosting our Fall Showcase (Pioneer Preview) on Tuesday, November 15th from 6-7:30pm. This showcase will allow you to see all of our AP and Dual classes, signature academic programs, activities/clubs, and athletics. Please join us for this exciting event!



TECHNOLOGY TIDBITS

- ★ **PV ASSIST** If you are in need of help navigating technology, email, obtaining or changing passwords, Infinite Campus, pvOnline, don't worry. IT has created this site as a resource to families. You can find technology assistance at [PV Assist](#).

- ★ **CHROMEBOOK CARE & SAFETY** Pinnacle High School has a 1:1 initiative to provide technology access to all students and promote technology skills. Please have your student bring a fully charged school-issued Chromebook to campus daily. The Device Protection Plan is available for \$30 through the [online payment portal](#). This plan protects parents/students from assuming the full financial responsibility of the Chromebook if it is damaged, lost, or stolen.

UNITED PARENT COUNCIL

UNITED PARENT COUNCIL Who We Are and What We Do: We are parents working together to enhance the PVSchools experience for our children. We support you, we give you access to your Superintendent, and we provide relevant programs of interest to you. Ultimately we ADVOCATE for Students, EDUCATE Parents and Community, COLLABORATE with PVUSD and other Educational Organizations, and WORK with the Superintendent to increase the presence of the UPC.

UPC General Meeting for the 22-23 School Year:

Wednesday, November 16, 2022

Wednesday, January 18, 2023

Wednesday, February 15, 2023

Wednesday, March 22, 2023

Wednesday, April 19, 2023

Wednesday, May 17, 2023

For the October 19, 2022 meeting UPC will sponsor a "Supporting Diverse Learners in PV" seminar.

UPC meeting are from 9:00 - 11:00 am

Visit <http://www.pvupc.org> for additional info regarding this virtual meeting.

View the August presentation "[The Opening Bell with Dr. Troy Bales-2022](#)"

PARENTS OF PINNACLE (POP)

Parents of Pinnacle Membership Drive is still in full swing!



Parents of Pinnacle

The Parents of Pinnacle (POP) is the main Parent Organization on the PHS campus. You can compare us to the PTA/PTO's from your elementary or middle schools. Different from elementary and middle school, high school has a wide array of programs & clubs that students can become involved. When students join a sports team or club, the parents usually support that individual team or club and by doing so, think they are supporting the school as a whole. Unfortunately, this is a misconception. Memberships and dues paid to teams and clubs stay within that program. POP works behind the scenes to make each student's experience at PHS special.

POP needs the support of all of our families to be successful.

MEMBERSHIP: To join, see the [membership flyer](#) or go to the [POP website](#). Membership costs just \$25 per family.

SOCIAL MEDIA: Like us on Facebook - POP (Parents of Pinnacle), and Follow us on Twitter - POP@POP_PHS

HOW YOU CAN YOU HELP POP THIS YEAR:

Turn in your membership form along with your dues/donation [online](#). With over 2500 students at Pinnacle, we should be able to easily reach our fundraising goal. If each family were to join POP, (memberships fees are \$25), we would raise \$60,000. It would eliminate the need for other fundraisers.

Support a Program: If you would like to support a specific program with your monetary donation, please [donate to POP](#).

Volunteer, Volunteer, Volunteer: To have successful programs, we need the help of parents. The great news is we do all of our work behind the scenes so your students won't see you on campus.

Watch for our POP Online Auction for some amazing items to bid on.

Participate in our monthly restaurant fundraiser nights. The first fundraiser night is September 1, 2022 at Chipotle (21001 N Tatum Blvd, Phoenix AZ 85050) from 4:00-8:00pm). Come enjoy dinner and a portion of the proceeds will be donated to POP.

Register and support our Rewards Shopping Programs.

Donate your unwanted items to our "Clean the Clutter" donation drives (Fall 11/5/22 from 9am-3pm/Spring 4/1/23 from 9am-3pm).

IMPORTANT DATES

| DATE | EVENT |
|-----------|---|
| OCT 21 | Homecoming Football Game |
| OCT 22 | Homecoming Dance |
| OCT 25 | Parent/Teacher Conferences |
| OCT 28 | High School Early Release |
| NOV 5 | POP's Clean the Clutter Drive |
| NOV 11 | Veterans Day: No School |
| NOV 23-25 | Thanksgiving Recess |
| DEC 6 | K-12 Early Release |
| DEC 14-15 | 9-12 Early Release for HIGH SCHOOL FINALS NO EARLY FINALS WILL BE GIVEN. Please plan accordingly. |
| DEC 16 | 9-12 Recess (Semester Ends) |

| | |
|---------------|--|
| DEC 19-DEC 30 | Winter Break |
| JAN 2 | Classes Resume |
| JAN 10 | K-12 Early Release |
| JAN 16 | No School: MLK Recess |
| FEB ? | Parent/Teacher Conferences |
| FEB 17 | High School Early Release |
| FEB 20 | No School: Presidents Day |
| FEB 28 | K-12 Early Release |
| MAR 10 | 3rd quarter ends |
| MAR 13-17 | Spring Break |
| APRIL 4 | K-12 Early Release |
| APRIL 7 | No school: K-12 Recess |
| APRIL ? | Prom (More Information to come) |
| MAY 24-25 | 9-12 Early Release for HIGH SCHOOL FINALS |
| MAY 25 | Graduation!!! |

Quick Links

[PV Assist](#)

[Pinnacle's Website](#)

[Pinnacle's Calendar](#)

[Infinite Campus \(Grades\)](#)

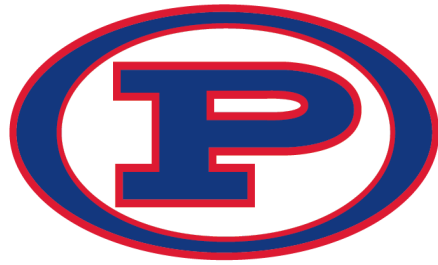
[Online Meal Payments](#)

[Webstore](#)

[PHS Policies and Procedures](#)

[PVUSD Parent/Student Handbook](#)

[PHS Counseling](#)



PASSION, HONOR, SUCCESS